

**Program Name: RCB Speaker series**

**Date: 22nd December 2021**

**Venue: Zoom, Online**

**Rotaract Club of Bangalore partnered with Rotaract Club of Presidency College, Rotaract Club of Care, Rotaract Club of South West, Rotaract Club of Chandra Layout, Rotaract Club of Jyoti Nivas College, Rotaract Club of SSMRV College, Rotaract Club of KSEEM to organize the RCB SPEAKER SERIES.**

**This event was held completely online on the platform Zoom. This webinar covered topics including Anger management, Stress management, Problem solving, Discussion and interaction. The sensitive topics were beautifully covered by Ms.Taapti Malhotra who is a part of a non-profit organization - Youth Enhancement Through Inspiration (YETI). The participants surely had an informative session about some prevalent mental health issues. She is also the School Counselor in the Delhi Public School.**

**Ms.Taapti Malhotra then asked the inquisitive students about their views and doubts about the topics discussed that day. The students utilized that time to get further insights. The webinar ended with the official Vote of Thanks.**



