



PRESIDENCY COLLEGE

(Autonomous)

Re-accredited with NAAC 'A'+Grade
Kempapura, Hebbal, Bengaluru- 580024
www.presidencycollege.ac.in

GAIN MORE KNOWLEDGE
REACH GREATER HEIGHTS

Name of the Event - Menstrual Hygiene Awareness Seminar.

Date - October 23rd.

Venue - Presidency College.

As part of our flagship project *SWARA : Jeevanada Belakina Raga* Rotaract club of Presidency College organised a menstrual hygiene awareness session for the teaching and non-teaching staff of the college on 23rd October, 2021.

The session was led by Rtn. Dr. Meenakshi Bharath who is a gynaecologist and is an advocate for the environment. She spoke about the taboos surrounding Menstruation and also spoke about ways in which this can be tackled for a more informative tomorrow.

This was a very informative session, where the attendees were enlightened of the benefits of using menstrual cups and cloth pads over sanitary napkins.



